

**ARTICLE 4 REQUEST**  
**Regulation (EU) 2015/2283**

***Recipient Member State:*** Ireland: Food Safety Authority of Ireland (FSAI)

***Name of the Food:*** Cold pressed *Nigella sativa* seed oil

***Description of the Food***

The food in question is the oil which has been separated from the seed of *Nigella sativa* by mechanical means (cold pressing).

***Novel or Not Novel***

The FSAI is of the opinion that the food in question is **not novel**.

***Reasons why it is not novel***

A history of food use before 1997 of the seed oil of *Nigella sativa* has been established in the EU.

***Appropriate Novel Food Category***

Not applicable