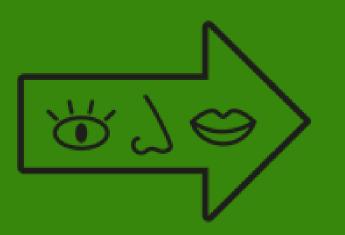


Ministerie van Landbouw, Natuur en Voedselkwaliteit

### Preventing food waste by using visual date marking cues the Netherlands



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- Hilke Bos-Brouwers senior scientist Wageningen Food & Biobased Research



## Project visual cues Date Marking

- Public Private working group aimed at improving consumer understanding and use of date marking to prevent food waste
- Expert session & design sessions with stakeholders to make inventory on possible options for visual cues
- WUR study (Dec '21) '<u>The influence of date marking</u> related visual cues on consumers' interpretation and choices to discard or use food'
- July '22 publication of a practical guideline for food producers to -voluntarily- put explanatory icons & text on food packaging, based on research results
- WUR will conduct further research on the influence on the icons in practice - 2<sup>nd</sup> half of `22.



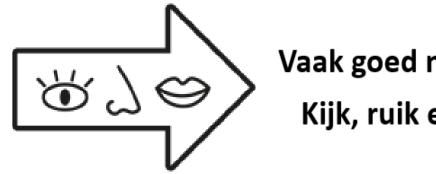








# Visual cues (icons) to support date marking



Vaak goed na datum, Kijk, ruik en proef.

Often good after date, Look, smell, taste.



Gebruik vóór of op datum. Niet gebruiken na datum.

Don't use after date. Use before or on the date.



# Conclusions of WUR study

- Similar choices with and without cue
- For a small group, cue affected choice in the desired direction
- Adding additional date marking related information helps consumers in making correct decisions
- Especially for best-before products
- Need to further investigate `in real-life' how different options affect consumer behaviour









## WUR recommendations for use in practice

- Best-before icons need clear symbols for the desired behavior: look, smell and taste
- Use-by icons should depict a clear stop sign
- Use-by text should be short, clear and with the stop association
- Most preferred best-before text contained both 'often (still) good after expiry date' and 'look, smell, taste'
- Size of icons and text should be large enough to find, see and read them easily
- Most consumers habitually look at expiry date and additionally use own (implicit) knowledge
- Advocates for positioning of icons or symbols next to the expiry date on a package





## Guidelines for use of icons & text on food packaging

- How using icons & text will help consumers understand date marking better and help prevent food waste
- Important to use both icons to clarify the difference between "Use By" and "Best Before" and the difference in how to act
- Points of attention: regular legal obligation on date marking always applies & explanation
- Examples of use of additional icons & text
- Additional info on how to help consumers use the date mark correctly to prevent food waste; easy to read and find





### TE GEBRUIKEN TOT EN MET, MITS GEKOELD BEWAARD (MAX 4°C): 01-07-2022 GEBRUIK VOOR OF OP DATUM. NIET GEBRUIKEN NA DATUM.

### Top:

#### Bottom:



TE GEBRUIKEN TOT EN MET, MITS GEKOELD BEWAARD (MAX 4°C): zie bovenziide. GEBRUIK VÓÓR OF OP DATUM. NIET GEBRUIKEN NA DATUM.

#### Ten minste houdbaar tot:





Vaak goed na datum. Kijk, ruik en proef.

Top:

### Side:



Ten minste houdbaar tot: Zie bovenzijde, mits gekoeld bewaard (max. 7°C). Vaak goed na datum. Kijk, ruik en proef.