

# Consultation request for the determination of the novel food status ARTICLE 4 of Regulation (EU) 2015/2283

Consultation request to determine the novel food status of L-alpha glycerylphosphorylcholine.

**Recipient Member State:** the Czech Republic, Ministry of Agriculture, Food Safety Department

**Date:** 22/3/2024

## **Name and description of the novel food:**

The request concerns L-alpha glycerylphosphorylcholine, which is intended to be used in food supplements.

L-alpha glycerylphosphorylcholine (L-alpha-GPC) is a white powder with a smell slightly reminiscent of fish. It is very hygroscopic, turning into a gel-like substance when moisture is absorbed from the surrounding air. L-Alpha GPC can occur alone or in combination with other supplements. L-Alpha GPC is produced by chemical or enzymatic deacylation of phosphatidylcholine-enriched soy phospholipids followed by chromatographic purification. L-Alpha GPC can also be obtained in small quantities from highly purified soya lecithin and from purified sunflower lecithin.

## **Novel food status:**

Novel food

## **Novel food category:**

Category: Art. 3(2) (a)(iv)

## **Reason statements:**

Competent authorities of the EU Member States and the European Commission were consulted. A history of consumption to a significant degree prior May 1997 has not been demonstrated for the L-alpha-GPC. Therefore, food or food supplement consists of L-alpha-GPC are considered novel foods.