

1st Meeting of the Food Loss and Waste Monitoring Sub-Group

**Monitoring Food Waste in Food Services and Hospitality
why, how, what?**

Luis Carreira Garcia

13 June 2022

TRIVALOR

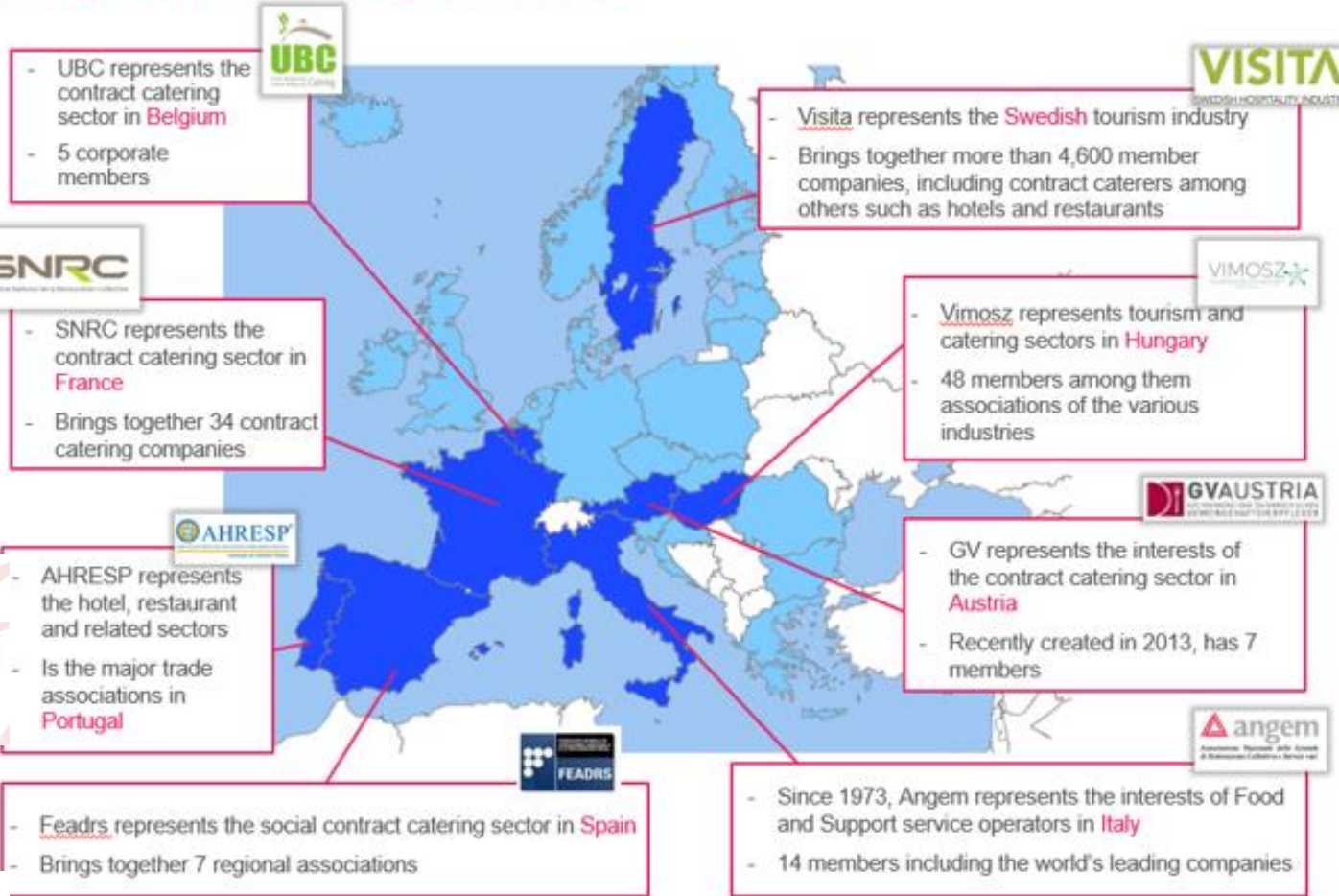


8 National Associations

4 Leading Companies



TRIVALOR



TRIVALOR

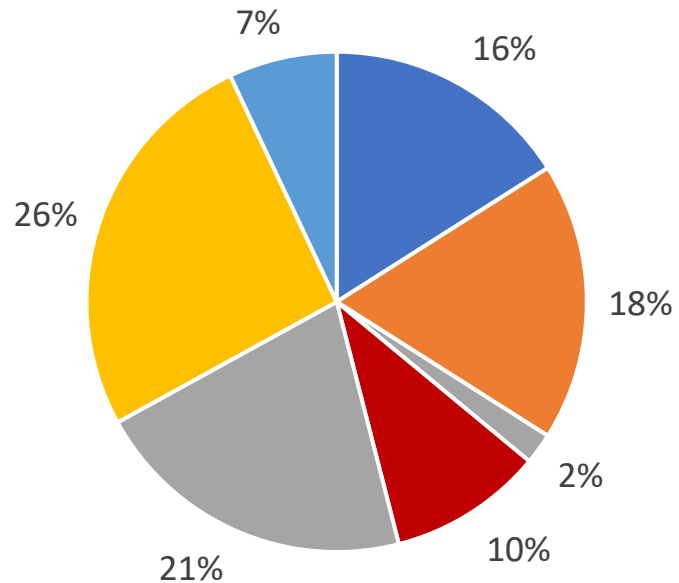


1. Evidence-based practices and solutions, experiences



Evaluation of food waste:
in Health unities (Hospitals)
in Industries unities (Automobile)

Total Waste by group of food - Hospitals



■ Carbohydrates (cereals and tubers) ■ Milk ■ Bread ■ Meat and Fish ■ Soup ■ Fruit and vegetables ■ Mixed Foods

Food Waste
22%

TRIVALOR

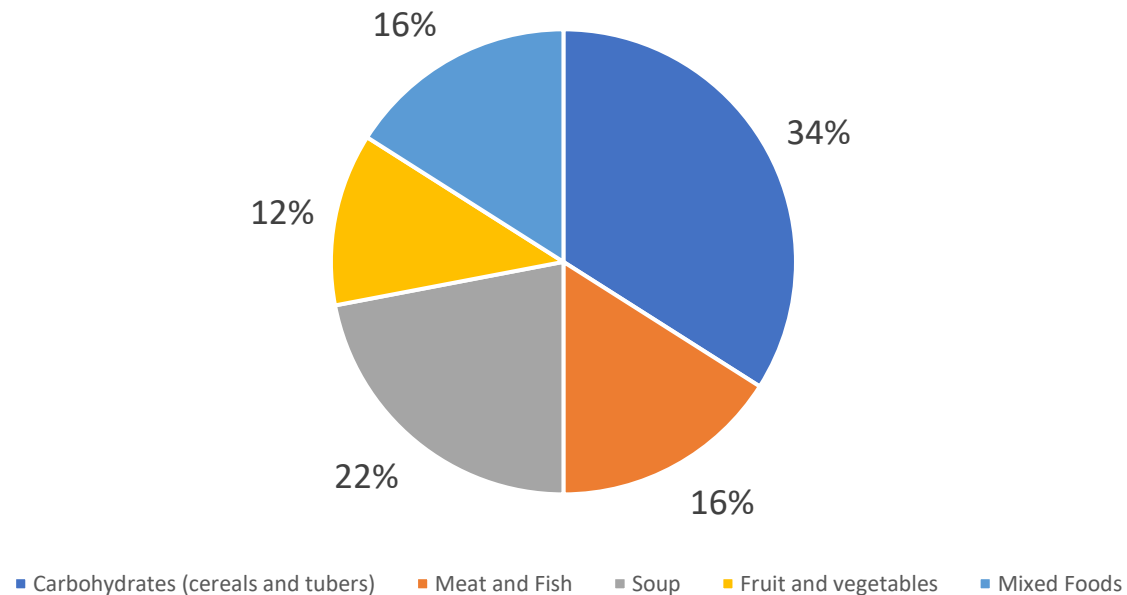


1. Evidence-based practices and solutions, experiences



Evaluation of food waste:
in Health unities (Hospitals)
in Industries unities (Automobile)

Total Waste by group of food - Industry



Food Waste
12%

TRIVALOR



1. Evidence-based practices and solutions, experiences



Evaluation of food waste:
in Health unities (Hospitals)
in Industries unities (Automobile)



Food Waste in Hospital

Bread

21%



Food Waste in Hospital

283 units/daily average

Peak: 317 units

Role: Contracts and Specifications

TRIVALOR



1. Evidence-based practices and solutions, experiences



Evaluation of food waste:
in Health unities (Hospitals)
in Industries unities (Automobile)



	Hospitals	Industry	Hospitals (Without Milk)
Carbohydrates (cereals and tubers)	16%	34%	24%
Milk	18%	0%	-
Bread	2%	0%	- (considered in carbohydrates)
Meat and Fish	10%	16%	13%
Soup	21%	22%	28%
Fruit and vegetables	26%	12%	34%
Mixed Foods	7%	16%	1%

TRIVALOR



2. Definitions and indicators used



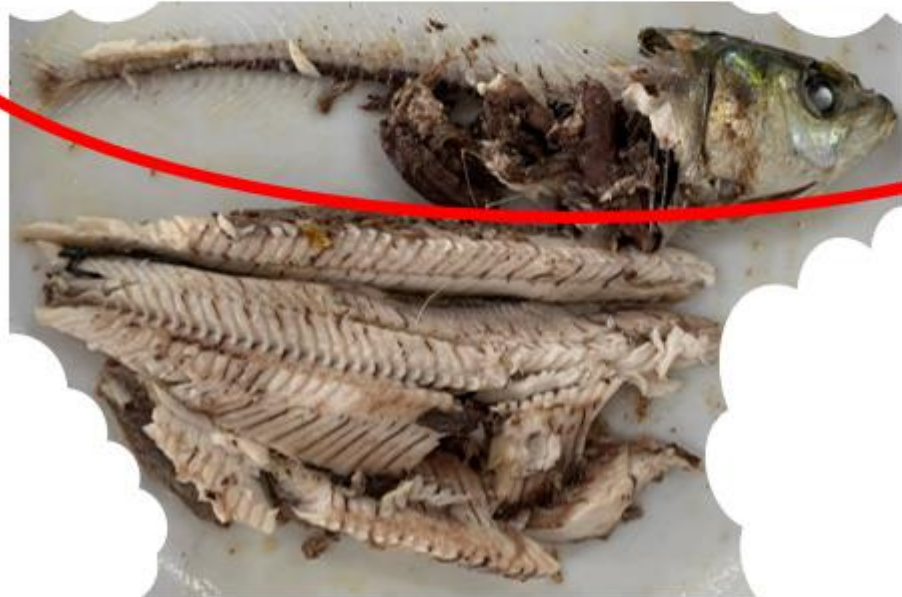
Food waste or not??



TRIVALOR



2. Definitions and indicators used



Food Waste

Skin ???

Fishbone and Head !!!

TRIVALOR

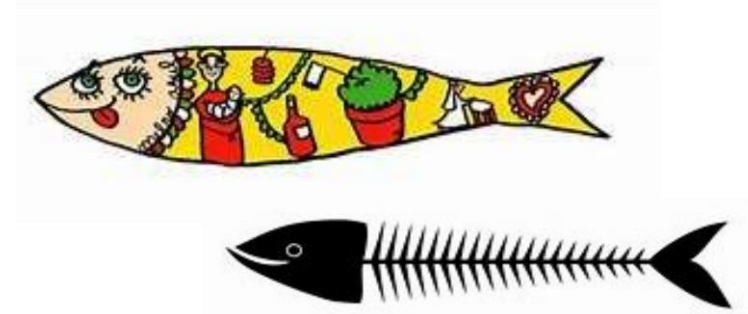


why, how, what?

Know where the waste occurs;
Know the different types of waste;
Know the amount of waste by type, local;
Prevent the waste;

why, how, what?

Weighing the leftovers;
Weighing the remains;
Calculating food purchased and food prepared to serve;

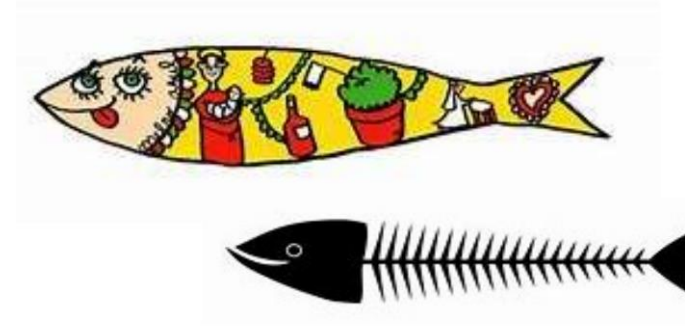


- ✓ Out of date or damaged products;
- ✓ Remains from food preparation in kitchens;
- ✓ Leftovers in the service line;
- ✓ Leftovers from the dishes;

TRIVALOR



why, how, **what?**



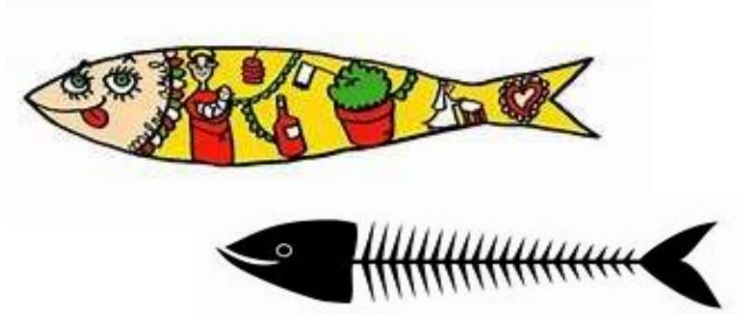
Waste separated by type
(ex: Leftovers and remains, coffee grounds, tea bags, paper napkins or packaging,
...)

Edible portions;

Not edible portions;

TRIVALOR





Monitoring food waste

Variability of Organic Food Residues

- ☐ Seasonality of raw materials
- ☐ Offer Variability (by Areas or Region)
- ☐ Processes (minimally processed foods/ pre-booking meals/ tenders and contracts)
- ☐ Moment and Duration of data collection (Days? Weeks? Lunches? Dinners?)

TRIVALOR





1st Meeting of the Food Loss and Waste Monitoring Sub-Group

Thank you

TRIVALOR

