



HOUSE OF COMMONS

LONDON SW1A 0AA

Markos Kyprianou Esq.  
EU Commissioner for Health and Consumer Protection  
European Commission  
B-1049 BRUSSELS  
BELGIUM

19<sup>th</sup> September 2006

*Dear Commissioner Kyprianou,*

**Directive 2002/46/EC – Food Supplements**

Please find enclosed a copy of a letter I have received from my constituent, Mrs Jill Simmons, regarding food supplements and her concerns about the effects of Directive 2002/46/EC.

I would be grateful if my constituent's letter could be considered as a formal submission to the consultation on this matter, which I understand closes on 30<sup>th</sup> September 2006.

Yours sincerely

**Mark Francois**  
Member of Parliament for Rayleigh

CABINET of M. KYPRIANOU									
A/									
2642 .									
26 -09- 2006									
	MK	MS	PB	PP	AG	DS	EE	GG	GZ
A					✓				
C		dd							

Jill Simmons  
59 Keats Square  
South Woodham Ferrers  
Chelmsford  
Essex  
CM3 5XZ

CABINET of M. KYPRIANOU									
A/									
264									
26 -09- 2006									
	MK	MS	PB	PP	AG	DS	EE	GG	GZ
A					✓				
C		✓	✓						

Date 6<sup>th</sup> Sept 2006

Dear Mr Mark Francios

I am writing to you regarding the Food Supplements Directive 2002/46/EC, as I believe it has many implications for my own health and that of my family. I am a regular user of vitamin and mineral supplements and want to continue to take them. For example, I take a ladies supplement for help with hormone balance, the supplements are of the purest ingredients, and they contain wild yam, red clover, evening primrose and st johns wart. These help with pmt, bone density and hot flushes. The reason I need to take these is because of previous prescription breast cancer drugs that left me very ill. My oncologist, who does not want his name mentioned, is scared of his NHS job to even talk about diet or supplements to his patients. But when no further help or budget is available unlike heart or diabetic health issues, however in a private meeting confirmed these supplements with diet have helped my body fix itself, and now I no longer need treatments. My family all take a products such has Limu Plus with glyconutrients, these support the immune system, good for stress, digestion and mental energy. I am of the opinion that antibiotics are not the answer, and we need to support are bodies with natures fresh, raw organic food. The problem being its not always in season. We all try to eat a good diet, but it is rarely possible because bad farming practise, soil depletions and the food is not containing the nutrients it did 50 years ago. With good quality supplements, I don't have to worry.

It is still unclear what nutrients the EU in the making of our supplements will allow and am now worried about dose levels that are being discussed right now. I've heard there has already been a consultation, but who is supporting the British position? Will the levels be set well below those already available in the UK?

I have also heard that France, Germany, Denmark and others want low levels - so where does that leave British consumers. We must make sure that the British people don't lose out, that is why I asking for your help.

I would be grateful if you would please write to the Commissioner again, and encourage your colleagues to do so too - making a powerful case to keep safe, higher dose vitamins and minerals available – emphasising that maximum dose levels must be set on the basis of proven scientific assessment only. Could you please advise me of his response?

Yours sincerely,

Jill Simmons and family