# «Improving understanding and use of date marking to support behavioural change

- experiences from use of additional labelling»

Meeting in the Subgroup «Date marking» 5 July 2022

- Anne-Grete Haugen, Managing Director Matvett

The Norwegian Consortium – member of the EU plattform FLFW:







# The negociated agreement is the main framework - Date marking is a key area

Strong commitment from leading companies to join the agreement - 103 companies have signed









Manufacture

Wholesaler

Food service

Supermarket







Contribute to the **50** % reduction goal

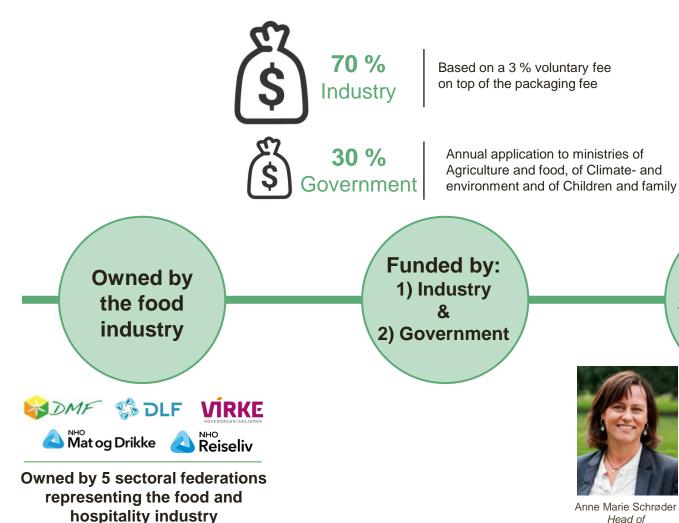
The commitments



- Measure and report on food waste once a year
- Share implemented measures – both internally and within the value chain



## Matvett represent the value chain incl. consumers in close cooperation with the authorities







Role: Coordinate actions between authorities and food industry



3 employees



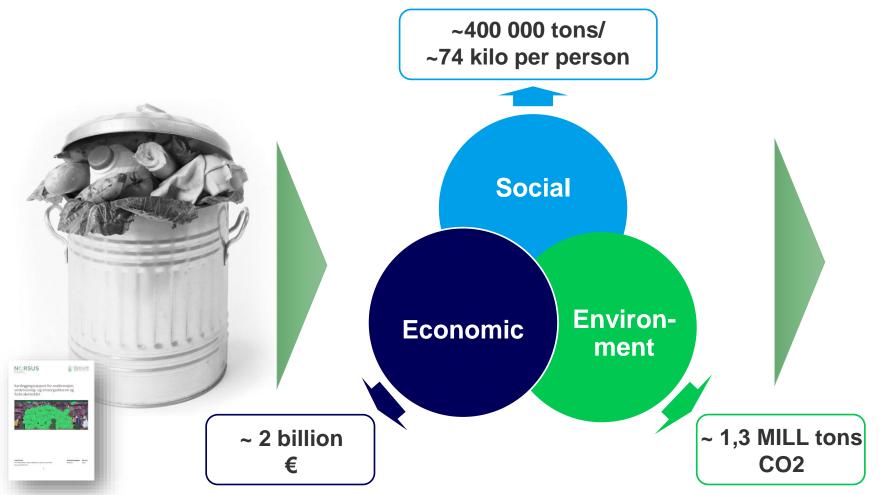
Anne Marie Schrøder Head of Communication and Public Relations



Anne-Grete Haugen Managing Director

Marie Kleppe Project coordinator

## 400.000 tons of edible food wasted in Norway -Expired shelf life an important cause









## Consumer research shows that longer shelf life, smart packaging and additional labelling are the most efficient actions

## Actions helping consumer to reduce food waste Extended durability Smart packaging Additional labelling Information about durability & storage 10% 20% 30% 40% 50% 60% 70% 80%

■ Don't know ■ No ■ Yes







## National regulation opens up for flexible use of datemarking



- There is a gap in how the producers differentiate between use of UB/BB and labelling of products with long shellife
- The manufacturers are responsible for defining which date labelling to use (UB/BB)
- The expiry dates can be shown in different ways in order to give consumers a better overview and to avoid strict interpretation of the expiry date. Producers print both day and month due to traceability purposes:
  - Food with durability < 3 months -> declare day and month
  - Food with durability > 3 months -> declare month and year
  - Food with durability > 18 months -> declare only year
- Not mandatory labelling for several products (whole fruits & veg, vinegar, cooking salt, sugar, chewing gum)
- Use of additional labelling:
  - It must be in line with current legislation and be voluntary to use
  - It must be consistent, easy to understand to avoid confusing the consumers
  - Companies must use the standard formulation that is agreed within the sector



## From «Use by» to «Best before» on many products»

- Most important action combined with extended shelf life

#### «Use by»

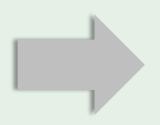












- All diary products labelled «Best before»\*
- Fresh meat products;
  - Bacon
  - Whole pieces of red meat
  - Smoked meat
  - Liver pate
- Fish cakes

\*Chocolate milk an exception















- Allows retailer to sell products after expiry date and the consumers to use their senses



### Examples of packaging technology extending the shelf life

#### **MAP** technology



#### **Natural coating**



#### **CO2-emitters**



New mix of packaging gas



Open/close mechanism



### Reduced plastic



## Leading brands labelled «best before – often good after»

- The aim is to motivate the consumers to throw less food

#### Change behaviour by knowledge and nudging

- Consumers stand for more than 50 % of total food waste
- «Expiry date» is one of the main causes
- Most of the products are labelled with «best before»
- Consumers are not fully aware of the differences between «Use by» and «best before»
- Encourage the consumers to use their senses





Examples of brands labelled "Best before – often good after"



# Increased knowledge and smarter labelling will stepchange future datemarking

- Matvett would like to develop a «Guidance on date marking» for the whole value chain incl consumers in cooperation with Norwegian Food Safety Authority and Food & Drink federation. The aim is to:
  - Differentiate the use of "use by" between highly perishable and perishable products
  - Increase use of additional labelling on packaging and in other communication channels
  - Educate and motivate the consumers to use their senses on best before labelled food
- Secure harmonized implementation of QR-codes incl shelf life in the food sector and towards the consumers









