Promoting Healthier Diets and Better Choices for European Consumers through Evolved Nutrition Labelling



The Evolved Nutrition Label has been developed around 3 Key Principles

Building on what works



The ENL approach builds on the existing EU-wide reference intake scheme familiar to 500 million consumers and is compliant with EU law

Inclusive and transparent process



300+ stakeholders across Europe engaged and consulted. All the work on ENL is publicly available: evolvednutritionlabel.eu

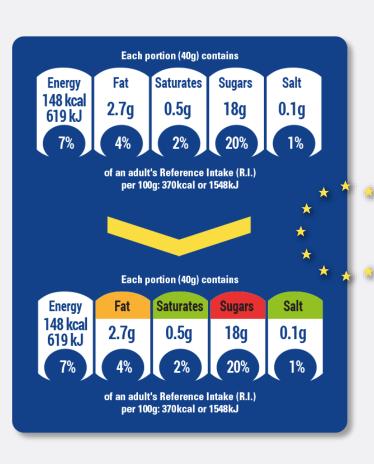
Consumers first



Coloured labels have the potential to increase the number of people who make a healthy choice by 18%, leading to a 4% reduction in caloric intake.

OECD Obesity update, 2017

Key Features of the Evolved Nutrition Label



- ENL aims to provide simple, easy-to-understand and meaningful nutrition labelling information
- ENL builds on the existing EU-wide Reference Intake scheme,
 in compliance with art. 35 of FIC Regulation
- ENL adds colours to the numbers that reflect the nutrient content per actual portion consumed
- This will provide consumers with accurate information about what is in the actual portion they are consuming
- Credible EU reference portion sizes defined by academia

Consumer survey to validate ENL understanding* and usefulness

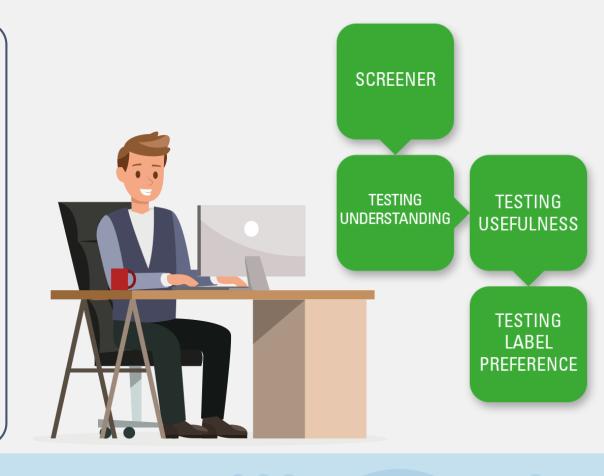
Methodology and scope of the survey

Toluna Quick Survey online study with 18-65yr olds (March 2018)

Sample of N=3500 respondents across 7 countries (Belgium, Bulgaria, Germany, Greece, Poland, Portugal, Spain)

Respondents had to:

- Be responsible for shopping in their household
- Do one of the following when grocery shopping:
 - Look for the best quality
 - Look for lowest price
 - Look for best ratio between price and quality
 - Read the nutritional information on the pack
- Have consumed at least 3 of the 5 categories in the last 6 months (chocolate snacks, soft drinks, mayonnaise, soups, sweet biscuits)



^{*} Understanding is tested both <u>objective</u> (knowledge insight questions) and <u>subjective</u> (respondent opinions with a 5 point likert scale)





- Over 93% of consumers prefer the coloured label when compared directly with monochrome
- 82% of consumers find ENL "easy to understand"
- Over 80% of consumers are able to assess correctly the nutrient content of food and beverages
- Over 70% of consumers find ENL useful
- Consumers from 6 out of 7 countries prefer per portion labelling

3 May - ENL Trial Announcement

 Announced real-life trials in selected number of Member States

Labels to begin appearing gradually from end 2018.

 Each ENL company to announce specific countries where trials will take place in compliance with EU Competition Law.



Objectives of Real-Life ENL trials

Contribute to EU-process of assessing different nutrition labelling schemes for Europe

- Leverage benefits of:
 - Real-life consumer insights vs online research
 - Local consumer insights on the same scheme across various Member States.
 - Meaningful insights over a longer time period
- Inform local public health policies by providing local consumer preferences and behaviours
- Gather and share feedback on consumer insights of ENL impact on consumer understanding, awareness and behavior at local and European level
- Share experiences and insights with Member States and stakeholders during future EU Joint Meetings on front-of-pack nutrition labelling

Our proposed criteria for ENL Trials

Consumer behaviour

- To be measured over medium to long term to ensure reliability and meaningful results
- To evaluate testing on consumer understanding, preference, assessment in real-life conditions
- EU-wide consistent criteria for evaluation of all nutrient labels





Market impact

To be measured over long term



INNOVATION



REFORMULATION

Timeline

END

2018

to appear gradually on shelves

YEAR

2019

ENL companymembers continue to change products with ENL labels Q2

2020

Start gathering consumer feedback

END

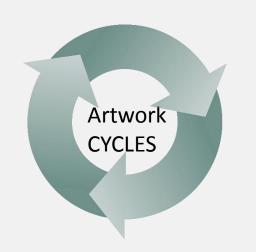
2020

Initial consumer insights to be shared with EC and JRC and other public health stakeholders

Rolling out a new front-of-pack labelling

Guidelines

- Brand guidelines
- Product guidelines
- ENL label guidelines



Details to fix

- Grams or ml
- Multi country/language

Public announcement

Time

ENL on pack

R&D

Marketing

Nutrition

Printing agencies

Production teams

Regulations (FIC)

- Small pack
- Serving size
- Other

What do we propose?

- Define together the guidelines of the EU-wide trials
- Continue to Share experiences and insights with European Commission,
 Member States and stakeholders during future EU Joint Meetings on frontof-pack nutrition labelling

