

# **Consultation on the determination of the status of a novel food under Article 4 (2) of Regulation (EU) 2015/2283**

Information according to Article 7 of Implementing Regulation (EU) 2018/456

**Recipient Member State:** Germany

## **1. Name and description of the food in question**

Creatine monohydrate

obtained by chemical synthesis, at least 99,9 % pure.

## **2. Status as a novel food**

The product is not a novel food.

## **3. Food category**

irrelevant

## **4. Reason**

The German federal states' authorities responsible for food surveillance as well as the competent authorities of the EU Member States and the European Commission were consulted.

Creatine monohydrate has been used for human consumption to a significant degree in the Union before 15 May 1997.