



SUB-GROUPE « FOOD DONATIONS »

LES RESTOS DU CŒUR



HOW IT STARTED



**Coluche, French
comedian**

Coluche founded "Les Restos du Cœur" in 1985, with one purpose : *« to help and provide assistance to those in need, particularly regarding food insecurity, through access to free meals. Thereby encouraging social inclusion as well as any action against poverty in all its forms »*



2021 – 2022 INSIGHTS

Les Restos in France

More than
2200

Centres (+ 100 centres to support homeless people + 100 centres to support re-integration into society)

70 000
volunteers

112
Local associations

Les Restos' testimony

142
million
meals (equivalent)
served to

1,1
million
people

Winter 2022

+22% of people supported throughout France

+16% increase of babies (between 0-3 yo) welcomed in our centres

Summer 2023

+35% increase of meals delivered on the whole territory

2022 – 2023

200 000 additional people welcomed to our centres

30 million additional meals served

SOME OF THE RESTOS' MISSIONS

Food aid is considered as **the first step made by people we welcome make** in order to ask for help and escape precarity

That's why Les Restos offer a number of different **social missions** to help people get out of precarious situation durably



Access to justice



Job seeking



Budget guidance and microcredit



Food aid



Access to health



French classes



Access to leisure and recreational activities



Access to clothing



Working inclusion sites



Access to housing

FOOD SUPPLIES AT LES RESTOS

**130 000 tonnes of food
distributed**

Direct purchases 34 000 tons

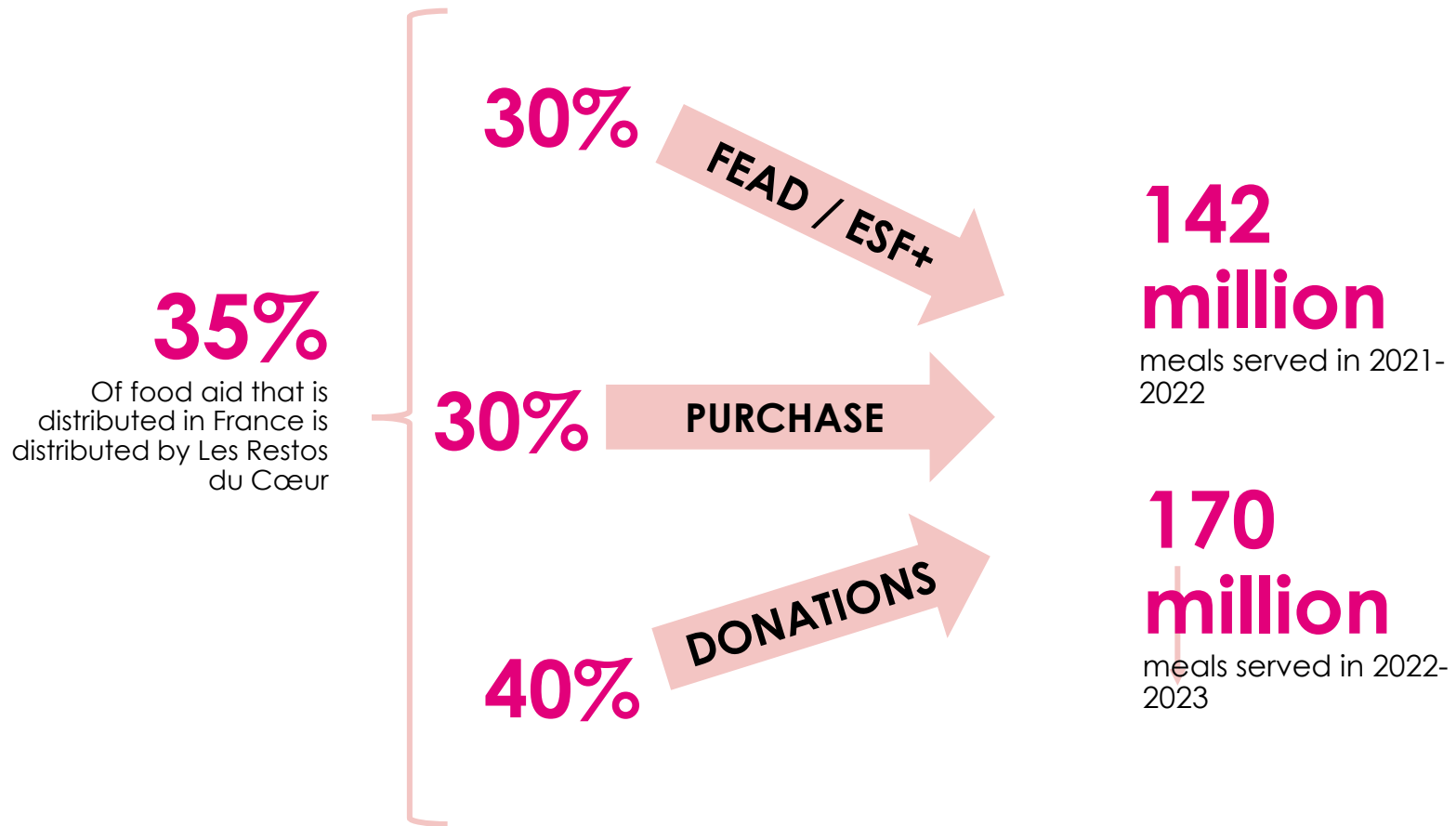
**FEAD / ESF+
Diverse food
donations 28 000 tons**

**Food donations
from individuals 10 000 tons**

**Food donations
from retailers 25 000 tons**

**Food donations
from producers
and processors 33 000 tons**

LES RESTOS DU CŒUR & FOOD AID



ESF+ : WHAT IS AT STAKE NOW IN THE EU



The **number of people** coming to our associations for help is **increasing very rapidly and massively**, and for a long lasting period



The **alimentary crisis** is strong and will last because of inflation. It is causing **more people to come** for help, and **lower volume of food** from the ESF+



The **volunteers** that come to help those in need are themselves limited in their activities because of inflation and living costs (e.g. fuel and transportation)



Operational costs supported by associations are now at a peak, making our role harder

Inflation is causing a structural destabilization of the economic and social situation of the people we support, as well as a destabilization of our association's financial balance

The ESF+ and the support from the European union is absolutely necessary to the member states' social policies, as it allows European food aid associations to have access to food and essential goods.